

# An Analysis of the Influence of Guided Volunteer Service Experience on "Self-Efficacy" of liberal arts students in Higher Vocational Colleges

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**Abstract:** As an important carrier of Ideological and political education for college students, students' voluntary service is an important way to cultivate students' social responsibility and personality. It plays an important role in improving the ideological and moral quality of college students, improving social practice ability, enriching extracurricular cultural life, and promoting the formation of socialist core values in the hearts of young people..

## 1. Introduction

The origin of young volunteers, the largest number of volunteers, the most active team and the most significant contribution. Providing volunteer service for students is an important carrier of Ideological and political education for college students[1]. It is an important method to improve students' social responsibility and personality. That's not only the profits people can bring, but also the benefits they can get. In addition, the improvement of College Students' ideological consciousness and moral quality plays an important role in social practice, improving their extracurricular cultural life, and the heart of young people in the middle root is the central value of promoting socialism.

## 2. Basic Conditions of College Students' Voluntary Service Activities

In recent years, with the rapid development of Vocational Education in China, the number of students and the scale of the school are expanding. With the continuous development of colleges and universities, the high-quality education of students will be improved. As an important practical carrier, students' voluntary service activities have attracted much attention. The number of vocational school students participating in voluntary service is growing, and the voluntary service projects are constantly enriched. They are an important part of Chinese college students' voluntary service. Among them, faced with many new issues, how to build their own community and solve the problem, whether to establish a brand group for the public's practical volunteer service, whether they combine their professional and technical advantages, and whether to use their knowledge and volunteer service. Apply what you have learned, and constantly improve the professional level of voluntary service[2]; how to adapt to local conditions, close to life, close contact with the daily life of the masses, integrate voluntary service, innovate social governance, colorful and wide coverage. In order to carry out innovative and practical voluntary service activities, this paper studies the problems existing in college students' voluntary service activities, and puts forward suggestions for improvement. As shown in Figure 1

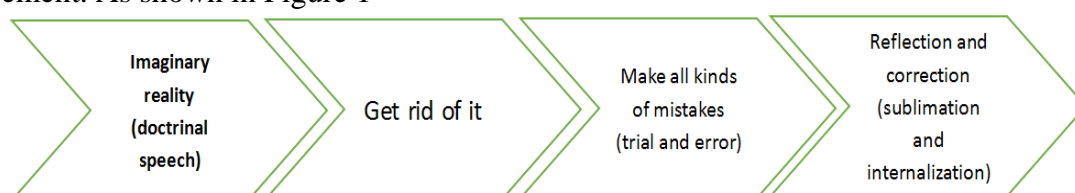


Figure 1 The influence path of "self-efficacy"

### **3. The Subject of Voluntary Activities in Colleges and Universities**

#### **3.1. Some Students Violate the Voluntary Spirit, Have Obvious Utilitarian Colour, and Have the Problem of Actively Participating in Voluntary Service.**

Unlike undergraduate universities, higher vocational universities tend to have poorer students. At present, many colleges and universities use branch schools, "3 + 2" technology to improve junior high school, autumn recruitment and other ways to maintain the number of students. As a result, the quality of students declined, the structure was complex and the overall quality was unbalanced. Students who participate in spontaneous service activities tend to follow[3]. And, be curious, be happy, and, try to be mentally prepared. The characteristics of voluntary activities are lack of collective consciousness, law and enthusiasm for active service. On the contrary, the motivation of the students participating in voluntary activities is not clear. They have practical ideas. Participation in autonomous activities aimed at national priority policies violates the intention of autonomous participation in service activities.

#### **3.2. Insufficient Content Innovation and Insufficient Charm**

At present, the voluntary activities of vocational school students are regular and the mode is clear. First of all, the volunteer service activities are mainly focused on Raven volunteer activities, anti drug day, free cigarette day publicity, AIDS Prevention Day publicity and other anniversaries. The first is a form of volunteering. It usually takes the form of distributing brochures, visiting, public health and distributing welfare to the local society[4]. Third, the goal of voluntary service is generally fixed elderly, community residents and school students. What students worry about is the lack of innovation in regular volunteer service activities, and their tendency to be bored. In the long run, the one sidedness and formalization of independent service activities are inevitable, and it is difficult to truly inherit the spirit of independent service.

#### **3.3. Problems Caused By Imperfect Management and Guidance Mechanism**

On the other hand, the impact of student volunteering on the effectiveness of pre-school employment activities has not been fully invested. The funds for independent service activities are insufficient, so it is difficult to carry out independent service activities effectively. The fund source of voluntary service activities in Colleges and universities is generally used by higher level alliance organizations, which is relatively single[5]. As the main body of voluntary service, students limit the funding of sponsorship. Inadequate financial assistance often leads to the negative development of volunteerism. At the same time, it will also positively affect students' participation and development of voluntary service activities, and affect the effectiveness of youth voluntary service. On the other hand, the motivation and evaluation mechanism of independent service activities are not appropriate. With regard to timeliness, the form of work is generally focused. Most schools have no perfect incentive and evaluation mechanism because of their active service activities. The evaluation of the students who voluntarily participate in the service activities is collective evaluation, ignoring the individual rewards of the students' voluntary service.

### **4. Three Ideas and Suggestions on College Students' Voluntary Service Activities**

#### **4.1. Strengthen the Training of Students' Voluntary Service and Further Improve the Quality of Voluntary Service**

Voluntary service is an effective carrier to realize the core value of socialism. As the main carrier for students to cultivate and practice the core value of socialism, schools should actively serve and guide students to develop and use the carrier, and actively participate in the active service effectively and systematically. Colleges and universities should strengthen the training of students' voluntary service, establish a volunteer service team, and provide consultation and help services for students. First, continue to strengthen the publicity and education of students' voluntary service activities, correctly grasp the students' Outlook on life and values, and cultivate the sense of independent service. Second, continue to strengthen the knowledge training of students' voluntary

service activities. Please focus on improving the overall quality of students' voluntary service, so that students' voluntary service can fully understand and practice. It is right to actively participate in voluntary service. We should really practice the spirit of dedication, love, mutual assistance and progress[6]. Only this kind of active spirit consciousness can make the active service combine with the realization of socialist core value. Service activities are both "useful" and "self-help". Students participating in voluntary activities are actually a win-win process. For customers, it is help, but for students themselves, it is the increase of practical ability and moral quality.

#### **4.2. Strengthen the Management System Construction of School Voluntary Service Activities**

It is of great significance for the long-term and large-scale development of voluntary service to establish a long-term mechanism of student voluntary service. Colleges and universities should further improve and implement it. First, strictly implement the volunteer registration system. If student volunteers perform well and win awards, the school must record them in time. Volunteer service records should be truthfully and completely included in student files. As an important part of team progress, the annual work evaluation organized by the alliance can include the participation of volunteer service. The students who actively participate in the service activities should be managed quantitatively. Second, in the process of voluntary service, colleges and universities should improve the collective reputation of voluntary service providers. For students[8], the experience and results of active service will become an important embodiment of personal quality, and promote the formation of value awareness, cultural awareness and action awareness of active service. The third is to raise funds for voluntary service activities, strengthen the actual situation and linkage of the school, increase capital investment, set special funds for students' voluntary service activities, and provide job-hunting support for the development of voluntary service activities.

#### **4.3. Form Characteristic Voluntary Service.**

The outline of national long-term education reform and development plan (2010-2020) points out that vocational education should be oriented to all students and the society, and efforts should be made to cultivate students' professional ethics, abilities, jobs and entrepreneurs. Combined with professional characteristics, the method of practical education is a necessary course in special schools. First, students' voluntary activities should be closely combined with professional volunteers. We should combine the knowledge we have learned with volunteers, apply the knowledge we have learned, and constantly improve the professional level of volunteers. Second, increase the publicity of voluntary service in students' social practice activities, actively guide students to use social practice opportunities to carry out voluntary service activities, so as to transform voluntary service into social practice credit. We should strengthen the professional discipline construction of social welfare and provide discipline support and theoretical support for students' voluntary service. In order to stimulate the enthusiasm of students to participate in voluntary service activities[9], it is necessary to take the form of lectures, seminars and other forms to actively popularize the concept of voluntary service. Third, adapt to the local environment, close to life, integrate the voluntary service ability of school students, integrate people's daily life and voluntary service. Lay the foundation for future practice. At the same time, we should actively improve various types of independent service projects, combine with innovative social governance, and strive to carry out a variety of new voluntary service activities.

#### **4.4. Deliver Volunteerism**

We should seriously summarize the practice and experience of the students who have participated in the independent service activities in recent years, and strive to promote the long-term, standardized and standardized volunteer service activities on the basis of the existing work. Pay attention to teamwork in volunteer activities, and create a good atmosphere for students. Students of voluntary service like voluntary service, actively participate in voluntary service, serve others, serve society and improve themselves. Improve yourself. First, set up a publicity channel, establish a wechat public account in an active and active way, which is related to the activities of the school

youth volunteer association and special activities organized by the branch. Third, the use of campus TV stations, radio stations, bulletin boards, electronic screens, the results of volunteer service activities related to the display of knowledge content and active energy transmission on a regular basis, in order to show the location of buildings and other publicity use more places to move, and transfer to more people[10].

## 5. Conclusion

It is very important to fully understand and practice volunteer service. Volunteerism is a new interpretation of Raven's spirit. Helping others for happiness and selfless dedication is the core of Raven's spirit. Volunteerism is based on "dedication, friendship, mutual assistance and progress". It should be a campus culture that embodies the characteristics of the times and the school.

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